

FIRST CLINICAL PSYCHOLOGY RESEARCH NETWORK SEMINAR

**“PSYCHOLOGICAL INTERVENTIONS FOR ADULT PATIENTS:
PERSPECTIVES FOR THE FUTURE”**

COPENHAGEN, THURSDAY, MAY 17, 2018

THE GRAND HALL, FRUE PLADS 4, 1168 KØBENHAVN K

Program

8:30-9:00: Coffee and croissants

9:00: **Welcome**

- Moderator: Prof. Susanne Harder
- Introduction by Prof. Søren Kyllingsbæk, Head of the Department of Psychology
- Presentation of the program and the overall theme: *Psychological interventions for adult patients: Perspectives for the future* by Ass. Prof. Stig Poulsen

9:15-10:45: **Theme 1: Personalized treatment within the mental health services**

- Per Sørensen, PhD, Head of Stolpegaard Psychotherapy Centre: *How to solve the dilemma between aiming for standardized high quality treatment and the aim of adapting the treatment to individual patient needs in an evidence based era?*
- Prof. Michael Barkham, University of Sheffield, UK: *Towards designing and delivering personalized psychological therapies*
- Small group discussions
- Plenary discussion

10:45-11:00: **Coffee break**



11:00-12:30: **Theme 2: Monitoring the treatment**

- Sidse Arnfred, Ass. Prof, Research Consultant, Psychiatry West, Slagelse, Region Zealand: *What are the challenges facing us in the implementation of outcome monitoring?*
- Prof. Michael Barkham, University of Sheffield, UK: *Towards better use of data to enhance treatment quality and patient experience*
- Small group discussions
- Plenary discussion

12:30-13:30: **Lunch**

13:30-14:30: **Theme 3: Psychotherapy research in Denmark**

- Ass. Prof. Stig Poulsen, Department of Psychology, University of Copenhagen: *Psychotherapy research in Denmark: Current collaborations and research themes*
- Poster session with coffee and poster walk

14:30-15:50: **Theme 4: Implementation of psychological interventions across sectors**

- Anette Holm, Head of Social Services, Holstebro Municipality: *How do we implement and integrate psychological interventions at various levels of specialization within and between different sectors?*
- Prof. Michael Barkham, University of Sheffield, UK: *Towards implementing personalized psychological interventions: A stepped care model across different sectors*
- Small group discussions
- Plenary discussion

15:50-16:00: **Farewell summary** by Søren Kyllingsbæk, Stig Poulsen and Susanne Harder

